

the **pílpel** story

Pilpel falafels are freshly made on the premises every day, from a family recipe created by my grandfather more than 60 years ago...

At 84 years old he still tirelessly loved to make his falafels, even when his family told him to relax and enjoy life.

At the age of 29 years old I had a vision, maybe the only thing that will give gramps peace of mind, is that I keep the falafel coming... Pilpel was born.

Pilpel means 'chili pepper' and is the nickname my grandfather bestowed on me as a kid because he thought I had fire in my spirit. Everyone at Pilpel has the 'Pilpel Factor'. It's in our hearts, it's in the air and most importantly it's in our food.

So with us serving you fresh healthy food and you enjoying the Pilpel experience we are all helping to keep my grandfather's legacy alive.

**This is his legend,
we are his legacy**

Zion

05.05.1927 - 16.07.2010



Visit Pilpel at:

Spitalfields

38 Brushfield Street
E1 6AT

Tel: 020 7247 0146

Unit E, Pavilion Building
Spitalfields Market E1

St Paul's

Unit 5, Queens Head Passage
Paternoster Square
EC4M 7DZ

Tel: 020 7248 9281

www.pilpel.co.uk

pílpel

Falafel & Houmous Bar



Fresh Healthy Food for the people :)

falafel

how do you want your falafel?

- ① in a pita (reg or wholemeal)
- ② in a container with pita (reg or wholemeal)

pilpel falafel £4.65 £5.65

falafels served with houmous & fresh salad

choose your topping +£0.60 each

aubergine, guacamole, feta, hard boiled egg

choose your salad

carrots, chickpeas, green salad, jalapenos, onions, tabouleh, pickled cucumbers, red & white cabbage

why not try... ① ②

falafel & guacamole £5.25 £6.25

houmous, guacamole, fresh salad & tahini sauce

mediterranean falafel £5.25 £6.25

houmous, aubergine, extra virgin olive oil, lemon juice, parsley

greek falafel £5.25 £6.25

houmous, feta, extra virgin olive oil, parsley, za'atar herb mix



houmous

pilpel houmous £3.99

served in a container with 1 pita (reg or wholemeal)

choose your topping + £0.60 each

aubergine, guacamole, feta, hard boiled egg

4 falafels + £1.00

choose your salad

carrots, chickpeas, green salad, jalapenos, onions, tabouleh, pickled cucumbers, red & white cabbage

why not try...

houmous & aubergine £4.59

aubergine, extra virgin olive oil, lemon juice, parsley

houmous & feta £4.59

feta, extra virgin olive oil and parsley

houmous & guacamole £4.59

guacamole, fresh salad & tahini sauce

houmous & falafel £4.99

with 4 falafels, extra virgin olive oil & lemon juice



Saabich

£4.25

maybe you can't pronounce it but you've got to try it!

houmous, aubergine & hard boiled egg served in a pita with green salad, chickpeas, pickled cucumbers, tabouleh



Now you can
Order Lunch Online

Orders must be received before 11:30am
and collected by 12pm

www.pilpel.co.uk

